

Official Magazine of the United States Gymnastics Federation

GYMNASTICS

A female gymnast with blonde hair in a bun, wearing a pink and white leotard, is captured in mid-air performing a split leap. Her arms are extended horizontally to the sides, and her legs are split wide apart. The background is dark with some blue light patterns.

January/February 1989
Volume 18, No. 1

GLASNOST
Panasonic Gymnastics
'88 Victory Tour

THE
SECOND
TEAM

Women's Olympic
Coaching Staff

ANABOLIC
STEROIDS
PART II

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The second of a two part series on steroids discusses the philosophical issues of steroid use page 10



Brandy Johnson page 16

GYMNASTICS' BRIGHT SPOT

Like her native Florida sun, Brandy Johnson shines in U.S. Gymnastics. Brandy placed 10th all-around in the 1988 Olympic Games in Seoul, South Korea. This was the highest place finish for the U.S. in the all-around event. page 16

GLASNOST

U.S., Soviet Union and Canadian gymnasts join together for the Panasonic Gymnastics '88 Victory Tour. page 20



Vladimir Artemov, "Glasnost" at the Panasonic Gymnastics '88 Victory Tour page 20

KEVIN DAVIS

1988 Olympian, Kevin Davis has the skills and motivation to be a top contender in future competitions. His long-term goal is the 1992 Olympics in Barcelona, Spain. page 26

THE SECOND TEAM

The Women's Olympic Coaching Staff, made up of seven coaches, came together in order to form a single group. Their optimism from the start proved to have great results in the end. page 34



Kevin Davis page 26

EARLY START

The 1988 Winter National competition was the first official step toward the 1992 Olympics in Barcelona, Spain. Lance Ringold, 1988 Olympian, took first all-around in the re-ranking competition. page 36

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Editor
Loren Passolo

responsibility that these services provide is provided.

One must take an unbiased look at our entire academic environment relative to sport and similar "nonacademic" components.

More and more, their offerings are moving out of public institutions and into a variety of private sector enterprises. Besides sport, these activities also include music, arts, theatre, physical education activities, counselling services and special care and instruction including therapy, rehabilitation, personal evaluation and even special academic courses. As a result, public institutions

concerns. As public institutions continue to face budget concerns, they will be forced to narrow their focus on the truly "academic" disciplines. So, what is the solution? It isn't possible in today's environment to guarantee a program's existence, but there are a few things that will help. Here are a few suggestions:

1. Each program must become as independent as possible, responding to its own university and community environment.

- 2 The emphasis must be survival. Therefore, the programs must be willing to sacrifice all competition issues to stay in existence.

3. There must be a combined and joint effort of current collegiate programs and coaches, the USGP and all other organizations and agencies. They must focus on the long range plan of the survival of collegiate eventing in the USA.

4. Numbers one, two and three above must begin Today.

Anyone who thinks their program is safe and secure is either naive or not very honest with themselves. Anyone who thinks they can save their program, in case it is threatened, need only place a phone call to Bill Meade and Southern Illinois. I've heard Coach Meade say on numerous occasions, "Nothing is for-

Men's Program
Administrator
Robert Connor

Rhythmic Programs
Administrator
Nora Hitzel

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1997-1998

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NEW YEAR'S "GYMSOLUTIONS"

You've heard of New Year's Resolutions? Well, New Year's "Gymsolutions" are similar to New Year's Resolutions. The difference — New Year's Resolutions can pertain to anything and New Year's "Gymsolutions" pertain only to gymnastics.

Being the beginning of a new year, many gymnasts, like yourself, will be setting your annual New Year's "Gymsolutions."

What exactly is a "Gymsolution" one might ask. Well, it is defined in my dictionary as "the act of a gymnast resolving with firm determination." Some "Gymsolutions" are general — work harder to learn more tricks, and some "Gymsolutions" are more specific — score a 9.0 on a handspring front vault in a meet this season.

But, most "Gymsolutions" have one thing in common — they are forgotten about midway through January.

Since this is the start of a brand new year, 1989, and the start of a new four year period before the 1992 Olympics, it is the perfect time for all gymnasts to make New Year's "Gymsolutions." Not only should they be made, but they should also be carried out. That means — keeping the "Gymsolutions" that we make.

Think about your life. Is there anything at all that you would like to resolve? Perhaps you have had an argument with the balance beam? Well, get up on that beam and show it who is boss. Perhaps the high bar took you for a loop? Well, get up on that bar and swing it.

Be sure you write your "Gymsolu-



tion" down so you will have it handy in case you forget. I remember the year I set my New Year's "Gymsolution" and forgot what it was, only two weeks after the first of the year! It's easy to forget, once the excitement of New Year's is over.

Have you ever heard anyone say "Oh, I can't think of a New Year's "Gymsolution"?" Some, they can. I bet if they asked their coach, parents, sister, brother, or friend they might get some good ideas. I bet it would be hard enough, we can think of a New Year's "Gymsolution" that could benefit us.

This year maybe everyone should set their annual "Gymsolution" and actually carry it out.

Remember to set realistic New Year's "Gymsolutions" that you can actually achieve. Don't make it unrealistic or you may be doomed from the start. Here's an example of a gymnast's unrealistic New Year's "Gymsolution": "I want to learn a double back in 1989." The reason it is unrealistic is because this little gymnast has only been in gymnastics six weeks and is just now per-

fecting the round-off.

Goals must be attainable or one will become frustrated and lose interest. This applies to, not only setting New Year's "Gymsolutions", but, also in setting 1989 gymnastics goals at your gym.

How do you go about achieving your realistic New Year's "Gymsolution" you just set? Put your mind to it and don't give up. Stick to it.

Have you ever heard the expression, "I'm in a rut"? Well, from time to time, gymnasts, from class kids to National Team members, may get into a rut. Dullness sets in, and you don't feel like doing gymnastics. The New Year could be your chance to start fresh. Get out of that rut. Get excited again about the greatest sport around — Gymnastics.

Need some ideas for New Year's "Gymsolutions"? Here's a list: lose weight, work harder, be more dedicated, eat healthy, get more rest, do homework, with a meet score a 9.0, stay on the beam/pommel, get stronger, compensate from an injury, stay healthy, be patient, be helpful, be determined, get along with your coach, get along with your teammates, listen more and talk less, do quality routines versus quantity routines and be a good person.

I hope 1989 brings everyone much happiness. I also hope that by 1990 we've all succeeded in reaching our New Year's "Gymsolution".

Have a safe and productive year.

Luan Peszek
Editor

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Poet Fan

Dear Editor,

I am on the Future Stars Team and I liked your "Poets Corner". I remember "Four Turns To Triumph" by Isaac Navarro. After reading this poem I felt a little better. I hope you have another "Poets Corner" real soon.

Darica Pasceavage
Perkasie, PA

Dreams

Dear Editor,

I am currently competing class III optional. I have my sights set on the 1992 Olympic Games. I wrote a poem about Olympic dreams.

Olympic Dreams

Olympic dreams take much time to fulfill.
Many try to achieve, but few actually will.

Dedication and work are the same of the game,

If you strive to reach your goal,
It will bring you much fame.

If you work towards perfection,
And a little bit more,

You may win a gold, like many before.
Technique and skill play a big part,
But to succeed, the love of gymnastics
Must be in your heart.

Rachel Barnett, 13
Sarasota, CA



Waiting For My Beam Score

Waiting for my beam score
Is such a pain and a bore.
It aggravates and frustrates me
More and more and more.
I try so hard, they try so little
I wish they would hurry
I'm starting to fiddle.

I talk to Ashley, I talk to Jane
We all agree we're going insane.
Was my routine good, or was it bad?
I'm getting frantic and a little mad.
I think they've stopped,
I think they're thru.
I hope I'm right, it had better be true.
I'm glad they've finished,
I'm glad they're done.
My score is high, I have won.

Ann Hayne, 11
Shawhan, MS

Competition

Dear Editor,

I am a class IV competitive gymnast at Capital Gymnastics in Austin, Texas. I am in sixth grade at Chisholm Trail Middle School in Round Rock, Texas. I am a subscriber to your magazine and read each issue. My poem is called "The Meet".

The Meet

Gymnastics is cool, gymnastics is new,
Gymnastics is fun when you're in a meet.
The audience is cheering, your teammates too,
You're nervous about what you're trying to do.
You stick the beam, and you swing the bars,
You flip on the floor, as high as Mars.
Now you're on vault, and you're ready to go,
Run real fast, and not too slow.
You hit the board, and you

fly right by.
Now let's let the next girl try.
The meet is over, and competing was fun,
Now let's see, who has won.

Timmy Smith, 11
Round Rock, TX

Anticipation

Dear Editor,

I am in sixth grade at Jackson Academy and a class IV gymnast at Metro School of Gymnastics.

If you would like to express any comments or concerns, write to USA Gymnastics magazine, Pan American Plaza, 201 South Capitol Avenue, Suite 300, Indianapolis, IN 46225.

REFLECTIONS

BY DIANE SIMPSON

Arrival, Sept. 20th

We, the Rhythmic delegation, arrived in Seoul, South Korea at midnight, September 21st. We were groggy from our flight—the village seemed almost abandoned, as athletes slept and prepared for their competitions.

It was hard to believe we were really at the Olympics, much less competing in the Games.

At Trials, we knew we made the Olympic team and we knew we currently had suitcases full of Olympic apparel. We understood the meaning of the Olympic Games. It was a very big deal—practices had been intense; we had received "good luck" phone calls and letters, and we had done several television, radio, and newspaper interviews while at home. But somehow, being in Seoul just did not seem to be a reality as Irina, Robert, Michelle and I received credentials which stated our names and "The Games of the XXIVth Olympiad - Seoul 1988" in both English and French.

I know why I couldn't believe it to be reality. Since I had been seven years old, I had dreamed of being an Olympian. Olympians, for me, were more inspiring, more "important", than any other celebrity on television. I had even told my grandfather, after I saw Nadia won her gold medals, that I wanted to be up there some day winning medals of my own, while competing in the Olympics. "You can do anything you want to do if you put your mind to it," grandpa had said.

Well, I thought about that while entering the Olympic Village for the first time. I had watched the Opening Ceremonies on television two nights before in my parade uniform, and I had listened to my "One Moment in Time" tape on the plane numerous times. But now that I was at the Games, it seemed like any international competition to me. I don't quite know what I actually expected.



Diane Simpson's dream came true in Seoul, South Korea.

Training, Sept. 21st-27th

Training was as usual, but somehow I felt better about myself, and more confident than I ever had before. I was beginning to realize where I was. I was able to compete in the greatest sporting event that exists—the Olympic Games—my lifelong dream. I was only one of two members on the U.S. Rhythmic Gymnastics Olympic Team and only the third, ever, since its Olympic debut.

Competition, Sept. 28th-29th

As I went out for each routine I was to perform, I knew that if Michelle (Berube) and I did our best, we would make the U.S. program look good. We felt pressure, but since we were not yet medal contenders, we could only gain from our experience. We wanted to compete better than ever.

I believe we did well, but after failing to make the finals, I must admit that both Michelle and I were disappointed

in our performances and in ourselves. While watching other Americans win medals, it was difficult for me to feel as one equal to them. Once again, the Olympics did not seem to be a reality.

Affirmations

The day after the finals, however, I learned more clearly what the Olympics were all about. I was lying in my bed in the Athletes' Village listening to the song "One Moment in Time", when I understood the words to the song for the first time. Towards the end of the song, it told me to seize this one moment in my life and make it shine. The last lines were:

"Give me one moment in time when I'm more than I thought I could be... when all of my dreams are a heartbeat away and the answers are all up to me. Give me one moment in time when I'm racing with destiny. Then in that one moment in time I will be... I will be... I will be... free."

I thought then of the American flag, which had been gathering dust for so many years in my grandfather's cottage. To my knowledge, it had only been taken out of grandpa's World War II trunk on only two occasions, one was the Olympic Trials and the other—the Olympic Games. My family waved it proudly throughout both events. My grandfather's flag symbolizes my dream which had come true. I am, and always will be, an Olympian. It still gives me chills while writing this article. Karen deCoubertin was extremely astute when he stated:

"The most important thing in the Olympic Games is not to win but to take part. Just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered but to have fought well."

This article was written by Diane Simpson, Rhythmic Olympic Team member, after she returned from Seoul, South Korea.

PART TWO

ANABOLIC STEROIDS

BY JAMES J. CAMPBELL, M.D.

USGF Sports Medicine Committee

In the first part of this article, published in the last issue of *USA Gymnastics*, the medical and scientific issues and information about anabolic steroids were discussed. In this essay, some of the philosophical issues will be explored.

Apart from the medical and physiological issues involved in the use of steroids, there are significant philosophical issues. These certainly need to be discussed, and athletes should give strong consideration to them, and develop their own position. In my experience, as well others who have counselled athletes about steroids, the philosophical issues, rather than the medical considerations, determine what an athlete will do.

These issues are somewhat complex, because they involve personal attitudes about drugs and athletics, the history and ethics of the sport of gymnastics, and potential conflicts with other philosophical attitudes in competitive situations.

The sport of gymnastics is one of the oldest athletic activities in Western Civilization. From the beginning, gymnastics was regarded as a training of the whole person, not strictly a physical training. It was one of the first activities to be incorporated into the ancient Games. Such contests and exhibitions were held throughout ancient Greece. The Olympic Games were part of a religious festival which celebrated aspects of human life. The Pythian Games, which

Gymnastics has, as its fundamental objective, the exhibition of strength and perfection in human athletic movement.

were similar to the Olympic Games, included not only gymnastics to show physical training and achievement, but also music and recitation.

During the Middle Ages, there was a general decline in interest of sports and athletic activity, and the concept of the ancient Games disappeared. In the nineteenth century, attention turned back to the great achievement of ancient Greece, as central Europe focused intellectual attention on the nature of man. This was the time of the Enlightenment and the great Romantic Periods of Western culture. There was a revival of

interest in man and in sports. The activity of gymnastics was re-discovered as an ancient discipline of mind and body. It was promoted in central Europe as an essential part of general education, and was the first sport to offer its benefits to women and children.

Thus, historically, the activity and sport of gymnastics has encompassed an image and ideal of man, not merely a competitive game concept. The fact that gymnastics has been regarded as a way of achieving and showing human perfection in active form, makes the sport rather unique. There are few other sports which can be fully appreciated even without competition. Gymnastics has, as its fundamental objective, the exhibition of strength and perfection in human athletic movement. Its essence is not winning a contest, but the presentation of a human standard of excellence in conditioning, skill, and movement. Gymnasts are the athletes' athletes. This is the particular allure of this sport for the public, and the likely reason for the great esteem and popularity of the sport with audiences.

Within our own sport of gymnastics, then, we find a strong tradition which focuses on human perfection, from which we may derive the ethical position that gymnasts should pursue their sport through the natural development of their bodies and skills. The strong, traditional Western philosophies of idealism and naturalism, in which the sport of gymnastics was cultivated, have



had a profound influence on the sport and its participants. The focus on natural perfection, and the value placed on personal achievement irrespective of competition, explains in part why there is such a high level of camaraderie among competitive gymnasts, compared to most other sports. It is a tradition which sometimes finds under contemporary competitive situations, but which is nonetheless dominant. By these traditions, young gymnasts are drawn away from consideration of the use of drugs, because the sport itself stresses a respect and honor of natural perfection of human development and skills. It looks to the athlete as a whole person, not merely as a winner or loser.

Another key notion in the question of drug use in athletics is the notion of fairness. And, again, one can look at this from the standpoint of tradition, and also from the vantage point of the role of sport in society. The notion of fairness, or proportion in competition, is a fundamental notion in Western society. It is reflected in the conduct of social and military conflicts throughout history (in duels, jousts, early traditions of military engagement where armies lined up man-on-man, even to such notions of mili-

The focus on natural perfection, and the value placed on personal achievement ... explains in part why there is such a high level of camaraderie among competitive gymnasts, compared to most other sports.

tary conflict as the conventions of not hurting civilians, and a variety of civil laws in economic areas of life). Sport has often played the role of idealizing conflict of showing the resolution of conflicts in a smaller, socially less consequential forum, in which it is understood that all the rules of engagement are defined, and apply equally to both sides. Under this concept, which we continue to apply in contemporary sport, every athlete should be assured that he enters a competition under the same circumstances as his competitor. Rules of engagement are commonly set under this tradition for many contests. For example, Hockey players' equipment has certain specifications, wrestlers must be in certain weight categories, boxing gloves must weigh only so much, etc.

When considering the use of pharmacological agents, as opposed to sophisticated nutritional and training advice, one is confronted with the problem that the use of these agents may be seriously harmful to the athlete. If the rules of competition allow their use, some athletes will use them in order to gain an advantage. Those athletes who do not want to assume the risks of serious harm to their own health or perma-

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ment deformity of their physiques, are then put in a situation of coercion in the competition. In other words, the organizers of the competition are saying, in effect, "In order for you to compete under the same conditions as your competitors, you will have to engage in a practice which may carry serious or life-threatening harm to yourself, even though it is not essential to the competition itself." Because the statements can be made that (1) there is serious potential harm, and (2) the practice is not essential to the activity, the rules of competition can be evaluated as inherently unfair and coercive. In our medical and social traditions, we have consistently recognized that it is unethical to cause or coerce someone to do something which is harmful to his own life. If we create a rule of engagement which we know will create such a coercion upon a competitor, we are acting unethically. And, knowing that many competitors, acting in the best interests of their own health will not take drugs, we would be knowingly violating the tradition of fairness which has characterized the ideal of sports competition.

This is precisely the stance which

Western philosophy places high value on individual life, and on the concept of fairness. The opposing philosophy is not life-centered. Instead, it places winning in competition above all else, and sacrifices the individual...

has been taken by most amateur and professional (rule-making) organizations in the United States, and by the Olympic movement authorities. To show their commitment to the notion of fairness and ethical respect for human life and achievement, they have adopted expensive programs to (1) discourage drug use in sports, and (2) discover and disqualify competitors who violate the rules of competition in this regard.

As mentioned at the outset, this philosophy may not be shared in all competitive situations which our athletes must face. In fact, this has become an issue in sports ethics precisely for this reason: the Russians introduced the use of anabolic steroids in international competition around 1954. Since that time, Eastern bloc countries systematically used them, and many other athletes in the West have used them, though usually not systematically or with official sanction.

It is clear that the differences in these philosophical approaches to sport have to do with social and ethical traditions. As discussed above, the traditional Western philosophy places high value on individual life, and on the concept of fairness. The opposing philosophy is

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not life-centered. Instead, it places winning in competition above all else, and sacrifices the individual interest (i.e., a healthy life) to winning. In a traditional Western context, placing winning above life-values is a kind of self-sacrifice for individual gain. In an Eastern bloc, socialist setting, this same act is a sacrifice of individual life-values for a social purpose. It is consistent with a system which places social/political values always ahead of individual life-values.

As a stark example of such a philosophical stance, let me quote Ernst H. Soudsek, Ph.D., who participated on the Austrian team in the 1964 Tokyo Olympics, "I do not believe that our great American concept of fair play really applies to athletics... People will inevitably create advantages for themselves, be they in training time, caloric intake, whatever. Pleasure is derived from achieving the goal. In today's goal-oriented society, people will do almost anything to achieve success [win]. I think that anabolic steroids are a rather mild and... our idea of fair play does not really apply... From the vantage point of those athletes who do not use steroids, too bad for them. I think they are fools."

Dr. Soudsek places off the value of athletics on the one moment of winning. He has placed winning ahead of any life-centered values of health, perfection in human development, or perfection of human skills. It is clear, in his comments, that Dr. Soudsek, in fact, did not see or consider this problem in fundamental ethical terms. He was trapped in the coercion and unfairness of a system which, in 1964, turned its head away from the problems of individual drug use. He took the pragmatic stance of rationalizing winning as the ultimate value in sports, to justify a decision to use drugs.

I think that there are a number of contemporary developments which are favorable for young gymnasts when confronted with the issue of steroid use in sports, as well as the use of other

drugs. The most significant development is that the issues have come forward for public discussion, and the major amateur sports authorities in the world have taken a stance which is consistent with our traditional social and individual values. The level of coercion and unfairness faced by the athlete who chooses to value his life above the use of drugs, to value the life-promoting aspects of athletics, and to value the

traditions of the sport of gymnastics, is considerably less than in the past 20 years.

And, although we should think clearly about the issues themselves in a general way, gymnasts are also fortunate that our sport involves so much complexity in skill. The specific advantages in strength which the use of anabolic steroids might create are far overshadowed by the fact that the execution of complex skills is what really distinguishes all outstanding gymnasts. Anabolic steroids do not advance skills. Indeed, for reasons I discussed in Part I of

Advantages in strength...are far overshadowed by the fact that the execution of complex skills is what really distinguishes all outstanding gymnasts.

this article, steroids may have a negative effect on skill execution. (By contrast, throwing a discus - such as Dr. Soudsek did - depends to a much greater extent on strength, and to a much lesser extent on skill.)

The use of drugs in sports will be a continuing problem. And, some newly-available drugs, such as, genetically engineered human growth hormone, will pose problems for governing bodies of sports competitions. But hopefully, young athletes will find strong support in the traditions of sport and society for a position which places life-promoting values ahead of winning per se. It is a particularly gratifying realization that the sport of gymnastics has such a long and firm devotion to precisely these values in sports. It is a commitment which is profoundly rewarding, and which all of our gymnasts can proudly share.

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BRANDY

BY LUAN PESZEK

Brandy Johnson, 15, has only been a gymnast for eight years, yet has a long list of accomplishments. Brandy was the Junior Olympic National Champion in 1986, the North Shore Invitational Champion in 1986, the U.S. Elite Classic Champion in 1987, the Junior Orange Bowl Champion in 1987, the North Shore Invitational Champion in 1987, the Peach Tree Classic Champion in 1987, won the Junior Division of McDonald's Gymnastics Championships of the USA in 1987, and placed fourth all-around in the U.S. Olympic Trials in 1988. During the Olympic Games in Seoul, South Korea, Brandy Johnson placed 10th in the all-around competition. This was the highest place finish for the U.S. team in the all-around event. USA Gymnastics got the opportunity to talk with Brandy at the Panasonic Victory Tour.



Q Were you happy with your performances?

A Yes. I did all of my routines. I know this sounds weird, but I was not even nervous. Usually, I am very nervous before competing, but at the Olympics, I just went out and did my routines. I had done so many routines that I felt very prepared for the Olympics. That's why I wasn't nervous for this competition.

Q I understand that you were the only gymnast during the event finals, to

perform vaults from two different families. What were the vaults?

A Yurchenko layout with full twist and front handspring, pike front with a half. I scored 9.95 on the first and 9.962 on the second. I moved up from 8th place to 5th place. If they would have awarded medals on the individual scores and not combine the compulsory optional and team score, I would have placed second in vault.

Q Is vault your best event?

A Yes, but I love to tumble.

Q How many hours a day did you train before the Olympics?

A About eight hours a day.

Q Tell me what you did during a normal pre-Olympic practice?

A Well, we worked out four hours in the morning and four hours in the evening. During the morning practice, we concentrated mostly on compulsories. We would run 35-45 minutes, warm-up, vault (compulsory and optional), do six compulsory bar routines, six compulsory beam routines, and two com-

DY



pulsory floor routines. In the later practice, we ran 15-20 minutes, danced, did two to three optional bar and beam routines, then parts. We spent a lot of time on beam because beam either makes you or breaks you.

Q: What did you do when you got home from the Olympics?

A: Well, I was only home for five days, then I left again to do some exhibition in Alaska. After the trip to Alaska, I went back to Karolyi's in Houston, TX.

Q: What would be a fun day for you?
A: Spending time with my family since I haven't seen them in awhile. I also like to shop.

Q: What was it like having Bela Karolyi for a coach?

A: He's great. He knows how to motivate me. I was real happy he was at the Olympics. I don't know if I would have done as well, if he would not have been there.

Q: Being from Tallahassee, FL, and

training in Houston, TX, where did you live before the Olympics?

A: My mom came to Houston with me and we lived in an apartment.

Q: What does your mom do?

A: She makes leotards for gymnasts. I have over 200 of her leotards.

Q: Do you ever wear the same leotard twice?

A: I do only if I like it. I have my favorites.

Q: How did you get started in gymnastics?

A: I had an internal operation when I was four. My doctor said it would be a good idea for me to get in gymnastics or something to help with recuperation. The doctor told my parents that they should not get their hopes up, because I would have trouble doing even simple things like a strap.



Left Brandy Johnson is surrounded by Panasonic '88 Victory Tour fans, eagerly awaiting an autograph.

Above Brandy was the epitome of grace under pressure, competing twice immediately after a major break by one of her teammates. She was rock solid on both sets, including a crucial compulsory beam routine.

Q: What does your doctor say now?
A: He's proud of me. He said he can't believe I've come so far.

Q: Have you had any other injuries?
A: I broke my big toe the first day of competition at the Peach Tree Classic in 1986. The third day of competition, I shattered it doing a double back dismount off beam. I have a screw in it now, but it doesn't bother me anymore.

Q: What are you doing, now that the Olympics are over, in terms of training?

A: I've moved back home with my family and now I'm training at my old gym, Brown's Gymnastics in Altamonte Springs, FL. My coaches, Kevin and Rita Brown, have been great to me. They welcomed me with open arms and it's really great to be back.

Q: Why did you leave Karolyi's to train at Brown's Gymnastics?

A: I moved because I really missed my family. It's hard living away from home.

Q: What did the Karolyi's say when you told them you were thinking about going back home to train?

A: They were very supportive. Bela said that when he put himself in my shoes he understood how I felt. He told me that he wished I would stay but he understood how I felt. I will miss Bela and Martha. I'll also miss Charlie and Phoebe. We are going to stay in touch.



Brandy Johnson was the only gymnast in the event finals of the Olympics to perform vaults from two different families.

Q: What inspires you to do gymnastics and work so hard?

A: The challenge of learning new things. I also enjoy meeting new people and, of course, getting trophies and awards.

Q: Who is your biggest fan?

A: My podiatrist and my dentist are big fans. They came to all my meets before I moved away. My dentist promised that he would take my braces off before the Olympics, and he kept his

promise. My number one fan is my family. I love it when they watch my competitions. My brother, Keith, and I are real close. He's a senior in high school and a football player. He's getting ready to go to college next year.

Q: What about you, do you want to go to college?

A: Yes. I would like to go into either sports medicine or sports broadcasting. I don't know if I will do gymnastics in college. It's a decision I'll have to make later.

Q: How are you working school into your busy schedule?

A: I'm doing my schoolwork by correspondence. They send me my assignments and then I do my homework.

Q: What classes do you like most? Least?

A: I like science most and math least.

Q: What was your New Year's Resolution for 1989?

A: My Resolution is to win the World Championships in October of this year.

Q: What are your goals for the future, in terms of gymnastics?

A: I always wanted to go to the Olympics, and now I've finally reached that goal. My long-term goal is to, again, go to the Olympics in 1992. My short-term goal is to win as many meets as I can, including the World Championships in October, 1989.

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PANASONIC GYMNASTICS
'88 VICTORY TOUR

GLASNOST REACHES NEW HEIGHTS

BY LUAN PESZEK

Olympic championship athletes from the Soviet Union, Canada and United States toured eight cities in 10 days during the Panasonic Gymnastics '88 Victory Tour. There were no judges, no scores, and, most of all, no pressures for these gymnasts. At least, no pressure as compared to the Olympic competition. This post-Olympic tour's goal was "to entertain and renew excitement for one of the most prestigious Olympic sports," said Mike Jacki, USOGF executive director. With Elena Shushunova, a four-medal winner and Olympic all-around women's champion, and Vladimir Artamonov, the all-around men's champion and winner of five Olympic medals, the Tour showed gymnastics at its best. "It was like Holiday On Ice, but without the ice," said Susan Pollackoff, USOGF media and public relations manager.

The Tour was the first time since the late 1970's that an international gymnastics assemblage of this magnitude has toured the United States. Made possible by a major contribution from

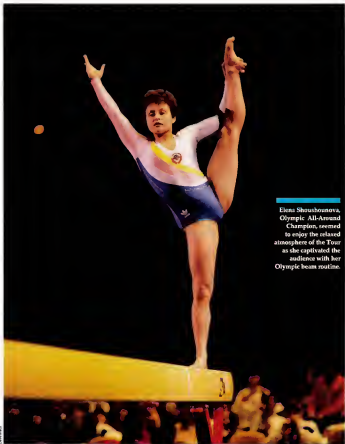
There were
no judges,
no scores,
and most
of all,
no pressures

the Panasonic Company, it sparked a great deal of friendships between the Soviet and U.S. delegations. It was not uncommon to see a Soviet coach spotting a U.S. gymnast. Cooperation was a big part of the Tour's success. "In order to put on a show as big as this one, cooperation was a must," said Allison

Melington, director of special events. Cooperation is what the U.S. received. The athletes from the Soviet Union and Canada were a joy to host in our eight U.S. cities.

The performances in each of the cities included spectacular routines from members on the U.S., Soviet, Canadian, and local club teams. In addition, gymnastic comedian Paul Hunt, known as "Paulette Huntinova", performed on the floor, bars and beams. Paul dressed up as a female gymnast, had a mustache, and wore a skater's leotard. He executed his well-known and hilarious leots that a man usually does not do, such as cast rope on bars, back tucks on beam and layout to splits on floor. Paulette Huntinova is to gymnastics as Bozo is to the circus, and the kids — especially the Soviets — loved him.

The Soviet women performed a beautifully choreographed group-pleasure routine on the floor. During the routine, the audience got to see something that the Soviet's usually don't show during competition — Smiles.



Elena Shushunova, Olympic All-Around Champion, seemed to enjoy the relaxed atmosphere of the Tour as she captivated the audience with her Olympic beam routine.

PANASONIC GYMNASTICS '88 VICTORY TOUR

The U.S. and Soviet women showed their cooperation by doing the compulsory floor routine at the same time. Six gymnasts, three from U.S. and three from Soviet Union, coordinated dance and tumbling during the routine.

Did you know that "Johnson & Johnson" has a floor routine? Brandy Johnson combined her grace with Scott Johnson's power to produce a floor routine called the Johnson & Johnson. Brandy danced through her floor routine and Scott tumbled during her poses. After the routine, Scott and Brandy gave each other the "high five", another sign of the relaxed, fun atmosphere at the show.



With her winning smile and new ponytail, Phoebe Mills breezes through her popular "Adams Family" floor routine.

Diane Simpson and Michelle Berube, the complete U.S. Rhythmic Olympic National Team, did a dance routine to Michael Jackson's "Thriller." They used a black light and incorporated



Pauleti Hantimova, the clown of the gymnastics arena, found himself in an "awkward position" on the uneven parallel bars.

their hoop, ball, clubs and rope into their routine. "It was hard to do because we're not used to working with each other," said Berube. "Usually we perform alone."

After the Tour was complete, the Soviet team was eager to go shopping. They visited Toys Appliance Store in NJ, a Panasonic Dealership before heading to the streets of New York City. A few of the items purchased were stereos, television sets, radar detectors, and phones. The Soviet delegation all had big smiles after the shopping trip.

The Panasonic Corporation is the



Vladimir Artemov, the Olympic All-Around Champion, waves to the audience in the spirit of Glasnost.

newest sponsor of the U.S. Gymnastics Federation. They are a leading marketer of consumer electronic products in the U.S. The Panasonic Gymnastics '88 Victory Tour is the latest addition to Panasonic's extensive sports marketing program. "Ours is a dedication to sports which has grown, and will continue to grow, year after year," said K. Nakamura, senior vice president of Panasonic.

It is through the corporate support of such world leaders that amateur athletics is thriving in the United States.

Steve Roth

Steve Roth

PANASONIC GYMNASTICS '88 VICTORY TOUR

BACKSTAGE VIEWS

BY SUSAN POLAKOFF

EDITOR'S NOTE: In her role as the USGF's media and public relations manager, Susan Polakoff spends a great deal of time working closely with athletes. While working for two weeks on the Panasonic Victory Tour, Polakoff was able to provide USA Gymnastics with a few "behind the scenes" stories.

Attack Of The Killer Silly String

A running prank with the U.S. women's team over the past couple of years has been the "stringing" of innocent victims. Silly String, a popular "toy" in the '70s, has made a comeback in the late '80s. For those that aren't hip on this novelty, "string" is an aerosol can that shoots colorful string on unsuspecting victims.



Silly String victim #4, Rosalind Schneiderman

Led on this tour by "Bull's Eye" Brandy Johnson and "Shorpekoater" Chelle Stack, stringing was at an all-time high. While trying to finish his dinner, Kevin Davis was mercilessly attacked by Johnson, Stack and at least four other accomplices. Davis assembled a spider trapped in a technician's web-

After dismounting from rings, Scott Johnson was strung in Detroit.

Another victim of the the "best prank" was Vladimir Artemov. He was "strung" on the arena floor at the Jacksonville show on December 7, his 24th birthday. To sweeten his attack, Artemov was presented a birthday cake while the entire audience sang "Happy Birthday."

Smiling 'Shoushounova'

Fans that "looked and ached" while watching the world's greatest gymnasts seemed to be dazzled by a feat that's easier to do than a front walkover. Olympic gold medalist Elena Shoushounova received a great deal of

attention by flashing an occasional grin. "Look Mom, Shoushounova is smiling," said one young fan at the Capital Center.

Shoushounova picked up extra pounds since Seoul and was very self-conscious of that fact. She would catch a glimpse of herself in a full length mirror, shake her head and mutter what were probably bad words in Russian. (Apparently, the Soviet coaches were also concerned about their women's team gaining weight—the Soviet girls seldom appeared at the evening dinner table.)

Even though she was antsy about her figure, Shoushounova was in good spirits for the duration of the trip and frequently spoke English to U.S. gymnasts and coaches. On a four-hour train ride from Washington, D.C., to New Jersey, she told us about her hard life in the Soviet Union before the Olym-

pics. While U.S. Olympic Rhythmic Coach Irina Vdovets translated, Shoushounova told about her past 18 years of living conditions. Up until this

year, her family of four shared one apartment with four other families. Five families occupied an apartment in Leningrad that contained one bedroom for each family, one telephone and one bathroom with two toilets. Because of her Olympic success, Shoushounova's family has recently moved into their own apartment and Elena will move into her very own studio apartment in 1989.

"When my family and I returned to the old apartment to visit our friends and neighbors we could not believe we lived that

way for so long," she said.

Maybe that's why she hasn't been smiling much up to now.

A Shopping We Will Go

The Soviets brought plenty of cash and when taken to the Panasonic Store, the cash register didn't stop ringing. Olympic champ Vladimir Artemov spent \$1000 on a top-of-the-line compact disc/cassette player for his new car. The system hides in the car's trunk and operates by remote control.

Shoushounova, also awarded a new car for her Olympic glory, purchased a "Tuzo-buster" for her new wheels. She joked and said she would have to sit on several Lenin and phone bookies in order to see over the steering wheel.

continued on page 24



Elena Shoushounova and Steacy Easton, coach of the Desert Devils can't keep from smiling.

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PANASONIC GYMNASTICS '88 VICTORY TOUR



After their shopping spree, Tatiana Tujikova and Olga Streashova couldn't wait to try out their new makeup.

The Soviets stocked up on boxes of VHS tapes, TV sets and telephones. The Panasonic Corporation awarded each delegation member a deluxe personal stereo/cassette player.

The Soviet women's team also stocked up on American candy bars, and bags and bags of potato chips. Compacts of eye shadow, lipsticks and nail polish were also popular purchases.

Igor Korobchinski asked the U.S.'s Kevin Davis to go shopping with him while in Cleveland. A shopping mall was conveniently located within walking distance of the hotel and both teams made several pilgrimages to the mall. Igor and Dmitri Korobchov bought several hundred dollars worth of clothes under Davis's supervision. "Igor was proud of the Levi's blue jean jacket he bought," Davis said. Davis also gave an old pair of jeans to Igor—who wore them every day.

Super Spotter

Soviet tumbling coach Valentin Potapenko spotted everyone—even rhythmic gymnast Michelle Berube. The friendly coach seemed to spend extra time helping Scott Johnson and Hope Spry, in addition to Berube, who completed an entire tumbling pass—round off, flip flop, back tuck.

Baby Love, Oh Baby Love

Within seconds of arriving at the Chicago O'Hare Marriott Hotel, Dmitri Blazovitch and Vladimir Gogoladze were ringing up purchases in the hotel gift shop. Baby clothes were high on Bilo's shopping list—the bought \$75 worth of clothes for his newborn son, Sasha. At the time of the Victory Tour, Sasha was three weeks old and had not yet been seen by his father. At the tour's last stop, Bilo said, "I can't tell you how badly I want to go home."

Bilo explained that he won't have to worry about his financial future. He will be paid a healthy salary for the rest of his life because he "served" with the Soviet army. He will be compensated according to his rank.



Kelly Garrison-Stevens and Elena Shostkova grab a quick backstage nap.

It's Corny But...

...the best thing about the Panasonic Victory Tour was the true friendship between the Canadian, Soviet and U.S. delegations. Even though the schedule was grueling and a thirties and staff began to wear down, a series of genuine camaraderie dominated.



U.S. GYMNASTICS FEDERATION

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Course Director: Alan Tilove - 206/672-3338

Course Contact: Linda Harcup - 907/229-9444

Sunday, March 12, 1989

West Seattle, Washington - 10:00am-5:00pm

West Seattle High School - Gymnasium

4075 S.W. Stevens West Seattle, WA

206-281-6070

Course Director: Alan Tilove - 206-672-3338

Sunday, May 7, 1989

Springfield, Massachusetts - 10:00am-5:00pm

Springfield College, Physical Education

Complex

Course Director: Stephen Posner -

413-788-3357

Course Contact: Kathy Smith - 413-788-3111

Wednesday, May 31, 1989

New Brunswick, New Jersey - 8:00-10:00pm

Course Director: Cathy Finkol - 201-363-1325

This course will be conducted immediately
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Dates, Times and Locations will all be listed in **USA GYMNASTICS** and **USGF TECHNIQUE**. They can also be checked by calling the USGF Department of Safety and Education at (317) 237-5050

DAVIS'

DETERMINATION

BY LUAN PESZEK



In the spotlight, Kevin Davis was one of five gymnasts to dazzle the audience with pommel flares on the floor.

Bursting with enthusiasm and determination, Kevin Davis strives to make the World Championship Team and to continue training for the 1992 Olympics. Davis, 21, of Lithonia, GA, was a member of the 1988 Men's Olympic Gymnastics Team. Davis has International Competition experience on his side. He also has the skills and motivation to be a top contender in future competitions.

Nineteen eighty-nine could be Kevin's year. Recently, Davis placed second all-around at the Winter National competition held at the Olympic Training Center. During the Panasonic Gymnastics '88 Victory Tour, Davis told about his trip to the Olympic Games in Seoul, South Korea and also about his future goals in gymnastics.

Q: What was most memorable to you about the Olympic Games in Seoul, South Korea?

A: The Soviets. The way they came in and dominated the meet. The scoring average and level of competition. The attitude they have in the gym.

Q: What attitude do they have?

A: They're just so strong mentally

and physically, they don't have any doubt in their mind.

Q: Did you learn anything from them?

A: Definitely. Just by watching them you notice their attitude and how they go about things. I'm trying to apply this attitude to my training and the way I compete.

Q What did you like least about the Olympics?

A The politics. You can't have our sport without judges, but the politics involved shattered my Olympic ideals of fair play. Even with the politics we came back strong the second day. I've always wanted to go to the Olympics and I wouldn't trade my experience for the world.

Q Are things going to be changed in regard to the competition?

A Yes. Two representatives from each team will compete in each compulsory session. Then, they will add up the top five scores in each event and the top six teams will be placed in one session. This will help because each team will have equal numbers of scores received in each session. Whereas, now, if one team gets a bad draw, they have a disadvantage.

Q Were you happy with your performance in Seoul?

A Oh, definitely. I had only one minor miss on high bar and went 9.35—I went over the top on a release. Overall, I was happy about my performance.

Q How did you get along with the other team members?

A We got along great. We all supported each other a lot. Tom (Schlesinger) was the alternate, and he tried to do everything he could for us. He was very supportive. All in all, everyone was a team and pulled together.

Q How did your family welcome you home from Seoul?

A Well, I haven't been home since the Olympics. In fact, I haven't been home for about a year. But, my mom, dad and sister all went to the Olympics. Everybody was excited. It was a dream come true for us all. They've put as much into it as I have. They know the exact price that it took to get me to the Olympics.

Q Did they enjoy the Olympics?

A They really enjoyed the Olympics. They had a blast.

Q What are you doing now that the Olympics are over?

A Probably training harder now than before the Olympics because there is a lot to do. Wes, Tom and I have been working out in the weight room each morning to improve our strength. I'm

also working on the new compulsorys. It's been a real grind since I've been back from the Olympics. Now, I'm going to take a little time off for Christmas, regroup, and come back and train hard.

Q How many hours a day do you work out?

A About six.

Q How's school at the University of Nebraska?

A I'm not in school right now because of the Olympics. If I were in school this semester, I wouldn't have been able to come back from the Olympics and get caught up in my school work. I've got 34 hours left, which is two semesters. I



A speech communications major, Davis hopes to one day have a career involved with gymnastics at the national level.

I've always wanted to go to the Olympics and I wouldn't trade my experience for the world.

don't know when I'll get my degree in Speech Communications. If I make the World Championship Team, then I won't be able to go to school. That will push me back another semester. I'll go back to school as soon as my schedule will allow.

Q What do you want to do with

your Speech Communications degree after you graduate?

A I'd like to take it to some type of business or public relations field. I don't want to just walk away from gymnastics. I'd like to give back to the sport a little bit, since it has given me so much. My ideal job would be to benefit gymnastics on a national level. I'm not sure exactly what my role could be, but I do love the sport.

Q What do you like to do in your spare time?

A Right now I've been hunting a lot with Wes. During the summer, I like water sports, especially jet skiing. I also like to listen to music and read.

Q What type of music do you like?

A I like progressive music, like "New Order".

Q What are your goals?

A My long-term goal is the 1992 Olympics. I have committed the next four years to making myself the best gymnast I can be for Barcelona. My view of gymnastics is changing. I'm a lot wiser in what I need to do in order to compete at the international level. My next goal is the McDonald's American Cup in March. I'm getting bare sprues removed from my ankle at the end of December, so, after I'm healthy again, I will continue to train. My biggest goal is to develop all the potential I have as a gymnast.

Q How did you hurt your ankle?

A I dislocated my ankle at the Pan Am Games.

Q How long will you be out of training after your surgery?

A Only about six weeks.

Q What advice do you have for someone who wants to go to the Olympics?

A Try to make the most of your time in the gym. Obviously, it takes a lot of time and hard work to make the Olympic Team. The work you do the year before the Olympics is not going to, necessarily, allow you to make the team. It's the years and years of hard work and dedication, before the Olympics, that are going to get you on the team. Learn to use your time wisely and train hard in the gym. Don't count on luck to do well in competitions.

1989 USGF

WOMEN'S

Artistic Gymnastics Team Selection Procedures

1989 World Championship Selection Procedure

I. QUALIFICATION

A. Qualification to the Championships of the USA is through the USGF Elite Regional Zone Meets and then the USGF American Classic or U.S. Classic (First or Second Elite National Qualifying Meets).

1. The American Classic is scheduled May 19-21, 1989 in San Jose, California.
2. The U.S. Classic is scheduled June 16-18, 1989 in San Antonio, Texas.

B. The seven (7) gymnasts that comprised the 1988 Olympic Team will automatically qualify into the 1989 Championships of the USA.

C. The All-Around score will be determined by combining 60 percent of the compulsory with 40 percent of the optional score for the American Classic and U.S. Classic including the Championships of the USA and World Championship Trials.

D. Based on the All-Around results from the 1989 Championships of the USA (combined compulsory and optional total), the top sixteen (16) Senior gymnasts will qualify into the Final World Championship Trials.

E. The 1989 Championships of the USA are scheduled July 4-9, 1989.

F. Injury petitions to the Championships of the USA will be accepted for consideration by the Elite A-to-Pec Program Committee.

II. FINAL WORLD CHAMPIONSHIP TRIALS

A. The Final World Championship Trials are scheduled for September, 1989 (date to be determined).

B. All-Around competition at the Final World Championship Trials will be Olympic compulsory and optional exercises.

C. Petitions to enter the Final World Championship Trials will be

accepted with regard to injury, illness, or representing the USA in an international competition during the same time period as Championships of the USA.

III. TEAM SELECTION

A. The All-Around scores from the Championships of the USA will count 30 percent (3/10) and the All-Around scores from the Final World Championship Trials will count 70 percent (7/10) in determining an individual's Combined Final Ranking (10/10) for the World Championships Team selection.

B. The top eight (8) athletes in rank order from the Combined Final Ranking will constitute the Team.

C. According to the FIG Technical Regulation and the USGF policy, six (6) competing gymnasts and two (2) traveling alternates constitute the official team.

D. Final determination of the six (6) competing athletes will be made by the World Championships Coaching Staff and the athlete's representative according to the following procedures:

WORLD CHAMPIONSHIP TEAM CRITERIA

1. The ability to perform full optional and compulsory routines.
2. Freedom from injury.
3. Competitive consistency during training and international competition.
4. Mental readiness.
5. Physiological readiness.
6. Proper attitude, team support and spirit.

To be eligible to vote in the final selection, each voter must be present at the Championships of the USA, the World Championship Trials, and all subsequent training and competition.

In order to maintain a minimum of eight (8) gymnasts, replacement due to injury to one of the top eight (8) gymnasts plus any approved petition(s) will occur in rank order from Combined Ranking.

E. If a gymnast is injured after the Championships of the USA, her injury is verified by a neutral doctor, and her injury petition is then accepted, her Championships of the USA score will be multiplied by (10/10). This score is entered into the All-Around results

USGF REPORT

prior to the start of the Final World Championship Trial competition.

If a gymnast does not compete in the Championships of the USA, her injury is verified by a medical doctor, and her injury petition is accepted, her scores obtained in the Final World Championship Trials and replaced by 10/10 will permit the gymnast to be ranked in the final selection of the 1989 World Championship Team.

In either case, a gymnast that competes in either Championships of the USA or Final World Championship Trials, but not both, must also be in the top four (4) of the events which she competed, as well as her All-Around score placing her in the top four (4) of the Combined Final Ranking.

If the above occurs, a tie for fourth place will not be broken. The two gymnasts will be included in the Team.

Three additional athletes in rank order will constitute the official team.

F. Petition onto the 1989 World Championship Team will be accepted for consideration only in the case of illness or injury which prevented the gymnast from competing in or finishing the Championships of the USA and the World Championship Trials. The gymnast(s) must have placed #1 or #2 in either of the Classics or must have been a member of the 1988 Olympic Team, where she ranked in either the top eight (8) individual events or the top 10 All-Around.

Petitions will be considered by the Elite Program Ad-Hoc Committee. A simple majority of votes cast is necessary to approve a petition.

Any approved petition(s) will be in addition to the top eight (8) All-Around from the Combined Final Ranking.

1989 World University Games Selection Procedures

I. WORLD UNIVERSITY GAMES TEAM TRIALS

A. World University Games Team Trials will be held in July, 1989.

B. Qualification for Trials by a maximum of twenty (20) gymnasts:

1. The top ten (10) All-Around gymnasts from the NCAA Division I National Championships, April 14-15 at the University of Georgia, Athens, Georgia. Declined slots will be filled in rank order. Gymnasts with All-Around scores below a 26.00 will not be considered until a decision is made on all petitions.

2. Up to an additional ten (10) slots to be filled by petitions. Petitioning athletes must be properly admitted and registered for the 1989 fall semester with a full time course of study at a university recognized by the competent academic authority of the USA. Petition can be submitted by:

- Any gymnast who is a senior in high school and who has signed a letter of intent to attend a university in the fall of 1989.
- Any co-legatee gymnast whose team is not in the NCAA

Championships and who did not qualify to compete as an individual.

c. Any collegiate gymnast whose team is at the Championships but did not compete All-Around in that particular event. Gymnasts in category a should submit three (3) most recent AA scores as criteria for their selection. Gymnasts in category b and c should have five All-Around scores to submit as criteria for their selection.

3. If petitioned slots are not filled, selection would go back to rank order from NCAA Championships.

C. Trials Competition will be a one round, All-Around optional competition with a total of the four apparatus events. Competition is FIG Rules will be used.

D. Injury petitions for World University Games Trials may be submitted for:

- athletes unable to compete and qualify through the NCAA Division I Nationals.

Petitions will be accepted for review, if the gymnast can reasonably show through past event results that, if she had been able to compete, she would have qualified.

Note: All petitions are to be directed to the attention of Elite Program Committee Chairman, Rex Knaster, WUGC Chairman, Jackie Fu, WPA, Kathy Kelly.

II. WORLD UNIVERSITY GAMES TEAM

A. The top six (6) in rank order from the Trials will comprise the Team.

B. Ties will be broken by the highest individual event score.

C. Replacements to the Team due to injury of one of the team members will be made in All-Around rank order from the Trials. Need for replacements must be documented by a Doctor and a U.S. Athletic Trainer.

D. No injury petitions onto the Team will be accepted.

E. The top four (4) athletes in rank order from the Trials will compete in the World University Games, assuming that specified criteria have not widely deteriorated in comparison to fellow team members during the training process between Trials and the World University Games Competition Opening Committee. These specified criteria are designated as follows:

1. Demonstrated ability to perform entire routines
2. Freedom from any small disabling injuries
3. Competitive consistency demonstrated through intra-squad competition during training.
4. Mental readiness
5. Physical appearance
6. Attitude and team support-spirit

F. The final four (4) competing athletes will be determined by:

- Head Coach
- the Assistant Coach
- the two (2) judges (4) in attendance at trials
- the Delegation Leader (if applicable)

1989 USGF

MEN'S

Artistic Gymnastics Team Selection Procedures



Kevin Davis - 1988 Olympian

I. QUALIFICATION CHAMPIONSHIPS OF THE USA

A. The 1989 U.S. National Championships are scheduled for July 6-9, 1989 at a site to be determined.

B. Athletes will qualify to the U.S. Nationals from Senior Regional Qualifying Meets on May 20-21, 1989. These meets will occur at sites to be approved by the Men's Program Committee. The sites will be announced by December 31.

Exceptions: Those athletes who score 134.00 combined compulsory and optional in an approved meet using Competition I rules, or 112.00 combined compulsory and optional in an approved meet using Competition II rules other than the Senior Regional Qualifying Meets, are automatically qualified.

These scores of 134.00 or 112.00 will reflect a 60% weighting of the compulsory and a 40% weighting of the optional.

The Men's Program Administrator of the United States Gymnastics Federation will certify these approved meets, such as Big 8, Big 10, Pac 10, NCAA's and others. This certification allows the Competition I rules to be used prior to the Regional Meets. Competition II will be used at the Senior Regional meets. Also, at least one nationally certified judge will be required per event. More than two clubs/programs must be in attendance for the competition.

All qualification scores will be sent to the Men's Program Administrator.

C. For compulsories in the U.S. Nationals, there will be 48 gym-

nasts. There will be one session at the U.S. Nationals with 8 gymnasts in each competitive squad. Six events will be conducted concurrently. The warm-up period which precedes the competition will be open. After three rounds of competition, an additional open warm-up time period of fifteen (15) minutes will be allowed for the gymnasts. The competitive working order for optionals will be determined by the gymnast's placement in the compulsory exercises.

D. All-Around ranking will be determined from the compulsory, optional sessions. The compulsory exercises will be weighted 60% and the optional 40% to determine team and ranking. There will be an individual event final with 6 athletes per event. Those athletes will advance from the combined adjusted total of compulsory and optional per event. Finals will include the individual event score and the combined score from the all-around competition to determine the individual event champions.

E. The Senior National Team will be the top 12 from the combined weighted compulsory and optional sessions. This group is known as the Senior National Team. This will not be broken. However, for advancement to the next competition, this will be broken by the higher compulsory all-around score.

F. The Senior Elite Development Team will be comprised of up to ten (10) athletes selected from the combined weighted compulsory and optional exercises. These ten athletes will be up to 6 eligible athletes after the National Team of 12, under the age of 21, in rank order. Further, up to 4 eligible gymnasts, in rank order, under the age of 19, will complete the Senior Development Team for 1989. This will not be broken. Age is determined as of first date of competition.

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G. In case of an injury, a gymnast may be petitioned onto the National Team, unnamed, by the Men's Program Committee.

H. Petitions to the U.S. National Championships will be considered and should be sent to the Men's Program Administrator.

III. QUALIFICATION-OLYMPIC FESTIVAL

A. The Senior National Team in rank order named at the 1988 U.S. National Championships will comprise 12 of the 24 athletes to compete in the 1989 U.S. Olympic Festival in Oklahoma City, Oklahoma on July 21-30, 1989.

B. The Junior National Team in rank order named at the Winter Testing program in Colorado Springs from December 22-28, 1988 will comprise the final 12 athletes to compete in the 1989 U.S. Olympic Festival. This, if occurring, will be broken by the higher skills value acquired by the gymnast.

C. A training camp and compulsory competition will be conducted in Oklahoma at the University of Oklahoma for the Senior Team, prior to the Festival. This is mandatory.

III. QUALIFICATIONS-WORLD UNIVERSITY GAMES

A. The World University Games Team will be selected in rank order USING OPTIONAL SCORES ONLY, from the Senior National Team named at the 1988 U.S. National Championships. Those athletes who are eligible for World University Games competition, by virtue of age and academic standing, will be considered.

B. The World University Games Team will consist of five (5) athletes.

C. The World University Games Team will be required to participate in a training camp in Indiana prior to their departure for Sao Paulo, Brazil, site of the 1989 World University Games.

D. Four (4) athletes will compete in Sao Paulo with the fifth athlete being the alternate. The alternate will be named by the World University Games coaches at least 24 hours prior to the beginning of competition.

E. An athlete will only be replaced in case of a serious injury. No petitions onto the World University Games Team will be accepted.

IV. TEAM SELECTION-WORLD CHAMPIONSHIPS TEAM

A. The All-Around scores from the 1988 U.S. Nationals will be used to determine the World Championships Team, along with weighted 60-40 compulsory and optional scores from the Olympi-

pic Festival, the World University Games, if applicable, training camp observations, any intersquad competitions, if held, and a final intersquad competition on September 28-30, prior to departure for Stuttgart. All evaluations of compulsory exercises which will affect team selection will be conducted by the World Championships judges plus others where necessary.

B. Based on the total All-Around scores from the U.S. Nationals and the other criteria, eight (8) gymnasts determined by rank order will be the training squad invited to participate for the World Championships. The first three positions from the U.S. National Championships are locked. The six competing gymnasts will be determined by evaluation of the coaches staff utilizing all the criteria already listed. The seventh man, when selected by the coaches of the World Championships Team, will be the alternate gymnast. This selection will be announced at least 34 hours prior to the first day of competition at the World Championships. Two for sixth and seventh will be broken by the highest compulsory total from the U.S. Nationals and other compulsory competitions. If there is still a tie, the higher final compulsory score will break the tie.

C. All competitions will be Competition II with the additional combination requirements outlined by the Men's Program Committee, with the exception of the Olympic Festival, which will be Competition I ONLY and no additional MPC combination requirements.

D. The following training camps are required for all members of the 1989 Senior National Team:

1. Training camp 1-July 15-July 30
2. Training camp 2-August 3-August 27

E. Replacement of a team member will occur only due to a serious injury.

F. Petitions onto the 1989 U.S. World Championships Men's Gymnastics Team can occur if the following criteria are met:

1. The petitioned gymnast is clearly in the top three (3) in the United States.

2. The Men's Program Committee UNANIMOUSLY approves the petition with affected coaches who may be on the consent/vice abstaining from voting. 3. The petition, if accepted, would be acted upon by the Men's Program Committee prior to the World Championships Team departing for Stuttgart. Further, the petitioned athlete would displace one of the seven members of the training squad. Only SEVEN male athletes will travel to Stuttgart for the 1989 World Gymnastics Championships.

V. QUALIFICATIONS-Other events, including various international invitations, will be assigned to National Team members as outlined by the Men's Program Committee.



Charles Lakes - 1968 Olympian

1989 USGF

RHYTHMIC

Gymnastics Qualifying And Selection Procedure

World Championships

I. INDIVIDUAL ALL-AROUND GYMNASTS

A. USGF National Championships

1. All athletes must be USA citizens and registered athlete members with the USGF prior to the competition.

2. Qualification to the USGF Rhythmic Championships is through Regional Championship Meets.

a. A Junior gymnast must score a minimum of 32.00 All-Around OR be ranked in the top twenty of all Junior scores.

b. A Senior gymnast must score a minimum of 35.00 All-Around OR be ranked in the top forty of all Senior scores.

3. Injury petitions will be accepted for review by the Rhythmic Program Committee and the respective Regional Chairman.

4. The 1989 USGF Rhythmic Championships are scheduled for May 5-7 in Miami, Florida.

a. All-around competition will take place on May 5th and 6th as follows:

May 5th - Juniors — Ball and Clubs
Seniors — Rope and Hoop
May 6th - Juniors — Rope and Hoop
Seniors — Ball and Ribbon



Michelle Herabe - 1988 Olympian

b. Individual Event Finals will take place on May 7th.

1. The top eight (8) Seniors and the top six (6) Juniors in each event from the All-Around competition will compete in the Individual Event Finals. Ties will be broken by the highest All-Around score.

B. National Team Selection

1. The 1989 Junior National Team shall be comprised of the top eight (8) Juniors in the Junior All-Around competition.

2. The 1989 Senior National Team shall be comprised of the top ten (10) Seniors in the Senior All-Around competition.

3. Ties will not be broken.

C. World Championships

1. The 1989 USOC Olympic Sports Festival will serve as the Trials for the individual gymnasts for the 1989 World Championships.

2. The top ten (10) Senior gymnasts and the top six (6) Junior gymnasts from the 1989 National Championships will be invited to participate in the Olympic Sports Festival.

3. The All-Around score from the Championships of the USA and each day of All-Around competition from the Trials will count 100% in determining an individual's overall final placing (300% total).

USGF REPORT

4. Based on the combined total All-Around scores from the National Championships and the Olympic Sports Festival (as stipulated above) the top four (4) Senior gymnasts will be invited to participate in the 1989 World Championships.

5. The 1989 World Championships will take place from September 27-October 1 in Sarajevo, Yugoslavia.

II. GROUP ROUTINE

A. USGF National Championships

1. All athletes must be USA citizens and registered athlete members with the USGF prior to the competitions.

2. All groups entered in the National Championships must compete with one or both of the USA Required Group Routines—3 ribbons/3 hoops and 12 clubs.

B. National Group Team Selection

1. Only those groups who are entered in Category A and

compete with both routines will be eligible.

2. The National Group Team will be determined by combining the scores of the 2 group routines from preliminary competition (60 points maximum).

3. A maximum of eight gymnasts can be designated as members of a group.

C. World Championships

1. The National Group Team will be considered for an invitation to represent the USA at the World Championships.

2. Following the 1989 Rhythmic National Championships the Rhythmic Program Committee will determine if the winning group meets world class standards.

3. If it is determined that the National Group Team does not meet world class standards, the USGF will not enter the Group Competition at the 1989 World Championships.

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Box 100
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SECON THE TEAM

BY
LUAN
PESZEK

Many were concerned before the Olympics that too many "cooks" would spoil the "stew", or rather, too many coaches would spoil the team.



Bela Karolyi, Donna Strauss, and Olympic Team alternate Rhonda Fache work together towards one goal—the outcome of the team.

Team? Since there was no head coach, all the coaches were left leery of what to expect.

Bela and Martha Karolyi brought the coaching staff and gymnasts together for a barbeque at their ranch in Houston, TX. This was the first step toward unity. The warm hospitality that Bela and Martha extended to the group, pro-

vided the opportunity to establish the "Olympic Philosophy". It was the beginning of a new relationship which was the catalyst for our success.

"There was a strong team spirit," said Martha Karolyi. Many were concerned before the Olympics that too many "cooks" would spoil the "stew", or rather, too many coaches would spoil the team. However, that did not happen at all. In fact, quite the opposite was true.

The coaches and the gymnasts rose to the occasion, worked together and had one goal in mind — the outcome of the team.

Bill Strauss said that having seven gymnasts and seven coaches was the only way to do it.

The Olympic Coaching Staff for the women was elated with the outcome of their joint-coaching efforts. Their optimism from the start

proved to have great results in the end.

Bela and Martha Karolyi from Karolyi's Gymnastics in Houston, TX, had four gymnasts on the team, including Phoebe Milk, Chelle Stick, Brandy Johnson and Rhonda Fache. Melissa Marlowe brought two coaches to the Olympics, Mark Lee and Tammy Higgs, from Rocky Mountain Gymnastics, in

Murray, UT. Bill and Donna Strauss, from Parkettes in Allentown, PA, coached Hope Spivey, and Becky Buswick, head coach at the University of Oklahoma, coached Kelly Carnison-Stevens.

Not all the coaches could stay in the village with the gymnasts, so Martha Karolyi and Becky Buswick were elected to live in the dormitory with the team. The rest of the coaches stayed in the family town.

"I have the highest regard for Martha Karolyi," Buswick said. "She made the girls go to bed at a designated time, made them take naps and took excellent care of them."

Martha Karolyi said, "I don't think they [the gymnasts] liked taking naps, but we competed late at night and it was the best thing for them. I think they realized it, too."

Bela Karolyi and Donna Strauss were the two coaches allowed on the floor in the team competition. During the individual competition, the coaches alternated being on the floor, so they did not violate the rule of no more than two coaches on the floor at one time. "We each had our own job to do and there was total unity," said Donna Strauss.

Bela Karolyi said, "Donna was an excellent partner to coach with on the floor. She did a great job."

Practices started each day with a coaches meeting. The coaches decided, jointly, what needed to be accomplished for that day. "Each coach had input into all the decisions that were made, including the lineup," said Buswick. In fact, the team practiced their routines in the order which they competed. This sparked enthusiasm and better prepared the team for the competition.

During practices, the coaches worked at being considerate. Before a criticism was made to a gymnast, the coach of the gymnast was consulted first. In addition, if a gymnast needed a rest from repetitions or from tumbling, it was the individual coach of the athlete who made the decision. "Each coach knows their gymnast best," said Bill Strauss. Donna Strauss noted that since each gymnast worked out differently, they had to do what suited them best.

For example, Kelly Carnison-Stevens trains differently, because she is older than the other teammates. "Kelly puts

in less hours and does fewer repetitions, yet, can jump on the balance beam cold and do a routine. She has more maturity," said Donna Strauss.

Another question the coaches were asked — What was most memorable about the Olympics? "Working with such an excellent coaching staff," said Buswick. "We were all cheering for the team and it didn't matter if it was your gymnast or not. We were a big family," she added. "I feel that I've made lifelong friends from the experience."

Martha thought the Opening Ceremony was most memorable. "In Montreal and Moscow, I didn't get to see the Opening Ceremonies because we had competitions the next day, but since we had a day before the competition in Seoul, we were able to see the ceremonies," Donna Strauss agreed that the Opening Ceremony was one of the biggest highlights in Seoul.

"I thought there were two most memorable moments in Seoul," said Bela Karolyi. "One was looking up at the score board and seeing the U.S. in second place. The second memorable moment was the .5 deduction being taken from our score. They are tremendous contrasts, yet, most memorable to me."

USA Gymnastics asked these Olympic coaches what to expect at the World Championships in Stuttgart.

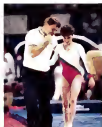
"Medals," said Donna Strauss.

"The Eastern bloc countries are going to have their defenses up," said Buswick. "We took them by surprise in Seoul, but they will be ready for us in Stuttgart."

"Depends on who continues doing gymnastics," said Martha Karolyi.

"We're entering a new generation of gymnastics. We'll see new names popping up such as Juliet Bangerter, Elizabeth Crandall, Donna Luster, Nicole Fajardo, and, of course, Phoebe Mills, Brandy Johnson and Chelle Stark," said Mark Lee.

"It's going to be a different ballgame," said Bela Karolyi. "Our power was evident in Seoul. We must be well-organized, well-prepared and work hard," Karolyi added. "We must have good attitudes to prove our leadership among nations."



Bill Strauss, coach of the Parkettes in Allentown, PA, gives Hope Spivey a few motivational coaching tips for her vaulting.



One of many jobs for Martha Karolyi was warming up the gymnasts, as shown here with Brandy Johnson.

EARLY START

1988 WINTER NATIONALS

The buzz-word for this first post-Sexal men's national competition was "new". New faces, new compulsories, new Olympic Quad-

rennium, new National Team, and most importantly, a new, early start for the U.S. Men's National Program and Team.

The USGF Winter Nationals, held at the Olympic Training Center, was the first official step towards the 1992 Olympics in Barcelona, Spain. The compulsory/optional meet determined the new 12-man National Team, and a re-ranking of the 36 competing senior men gymnasts.

In the last quadrennium, the compulsories and HC Code of Points were distributed in April, 1984. The summer of 1985 was the first time the compulsories were executed in a competition. At the 1985 World Championships competition, the U.S. team was way behind the other countries. Therefore, the U.S. learned a valuable lesson — start early. "Based on the history of post-Olympic preparations, we are a light year ahead of where we were in 1984," said Robert Cowan, Men's Program Administrator



BY
WARD
BLACK

Although Lance Ringwald was nervous during the Winter National competition, he was clearly the steadiest performer, winning the all-around title.

This is the second year for the Winter National competition. Last year, Nebraska, Illinois and UCLA did very well in this competition and, also, were the top three finishers in the NCAA's. The Winter National competition is designed to be a catalyst to get the U.S. ready for international competition.

University of Nebraska coaches Francis Allen and Jim Howard brought seven gymnasts to this important, yet pre-season, competition.

Stanford coaches, Sadao Hamada and Tong Fui, qualified eight for this December meet. Nebraska placed four in the top 12 — Kevin Davis (2nd), Patrick Kirskey (3rd), Wes Suter (4th) and Mark Warburton (7th); Stanford placed two — Tim Ryan (5th) and Conrad Vornsmager (9th).

The remaining six slots on the National Team were filled by — Lance Ringnold (1st) from Gold Cup in Albuquerque, NM; Emilio Marrero from the University of Illinois (6th); Scott Burr from Bingham Young University (8th); Mark McKernan from the University of Minnesota (10th); Jeff Dow from the University of Iowa (11th); and Trent Dumas from Gold Cup (12th).

Though important for establishing a ranking order for the National Team, the competition was definitely pre-season and low scoring. Robert Cowan gave insight into the scoring situation. "The FIG has changed the Code Of Points five to seven times in the last three months." With the new Code Of Points, scores are always lower because things change.

"From the Olympic Games to Winter Nationals, probably 50 percent of total letter values B, C, and D were devalued one letter. Therefore, guys using a skill last year and getting a D value for it, possibly were only getting a C value for the same skill at the Winter Nationals," said Cowan.

The compulseries are brand new and the gymnasts have only had about two months to learn the routines. Considering all these factors, the Winter Nationals were a success. "The judging and evaluating, with few conferences, was the best we've ever had," said Cowan.

THE COMPETITION

Lance Ringnold and Kevin Davis, 1988 U.S. Olympians, led throughout the two-day competition. The event

weighted compulseries 60 percent and optionals 40 percent. Lance out-scored Kevin by 109.56 to 108.96.

The competition was exciting, with significant movements in the rankings after nearly every event. For example, Stanford's Conrad Vornsmager was in second place going into round five of compulseries, then dropped to eleventh after a fall on pommel horse. Although Kevin Davis only placed in the top three individual events twice, he still managed to take second all-around in the competition. Scoring a 51.75 in compulseries, Wes Suter was only in 12th place. However, with his strong performances in the optional competition, averaging



Kevin Davis only placed in the top three individual events twice, yet he still took second all-around in the Winter National competition.

9.35 per event, it enabled him to gain eight places and finish in fourth place.

Ringnold was clearly the steadiest performer in the meet, winning both parallel bars and horizontal bar events. His 109.85 compulsory and optional raw score total averaged 9.15 per event.

"I did five for six in compulseries," Lance said. "I had a little trouble on pommel horse, but it's early in the year and I'll have some time to fix that up."

The 18-year-old Olympian admitted, "I was actually nervous. This was my first compulsory meet, so I didn't know how I would stand compared to everyone else. I just take it one competition at a time, and one day at a time."

Olympian Kevin Davis was also fairly pleased with his performance. "We only had two months to work on the new compulseries, so I was happy with

1988 USGF Athlete of the Year, Wes Suter, placed fourth all-around in the Winter National re-ranking competition.



Although Patrick Kithacy is only a freshman at the University of Nebraska, he placed third in the all-around competition.



my competition. I had some misses. I never like to miss routines, but coming off the Olympics, those routines were new to me," said Davis.

Youth was the most significant theme reported all weekend. Seventeen of the 36 competitors were age 19 or younger, almost half four of the top 12 National Team members are 19 or under—Ringwald is 18 and Tröstl-Dumas is 17.

Following compulsory, Nebraska coach Francis Allen was pleased overall. This group of gymnasts is young and shows good potential and promise. They're talented and once we get them into a training camp, there is a lot to work with."

USGF Technical Coordinator, Miss Watanabe, said, "We have young, new faces with good potential. The top 12 men are a young team, and there are some bright spots in skill direction. The compulsaries need repetition, time and refinement on individual skills."

TEAM '92 PROGRAM

The Winter National competition was the first competition to make use of

the Team '92 Program. The USGF has initiated this athlete support program to offset training and living expenses of post-NCAA athletes.

Eligible gymnasts were those men who had completed their four-year NCAA college eligibility and who finished in the top eight of the Winter Nationals or top eight at the USA Championships. Disbursements will be monitored and paid by the USGF on a monthly basis, and amounts received are determined by rank order—\$16,000 for first, \$14,000 for second, \$12,000 for third and so forth. Specifically, if a post-NCAA gymnast placed first at both the

Winter Nationals and USA Championships, he would be eligible to receive \$16,000 throughout the 1989 calendar year.

At Colorado Springs, eligible gymnasts included Kevin Davis, Wes Suter, Scott Barr and Dan McClean.

There are about 33 months before the World Championships in Indianapolis and about 43 months until the Olympics in Barcelona. With the early start the U.S. has taken, the team should be better prepared for the challenges that are ahead.

With the early start the U.S. has taken, the team should be better prepared for the challenges that are ahead.

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PETER KORMANN - Olympic and national champion.

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PRODUCT UPDATE

Alpha Factor's New Catalog

Alpha Factor, known world-wide for top-quality and innovative designs in competitive gymnastic apparel, is introducing their 1988-89 catalog. Always a benchmark in style for women's leotards and warm-ups, as well as men's competitive gymnastics clothing, this year's catalog features an exciting new way to polish up any team look. By incorporating with super stretch tris that remarkably resist cracking, any team can have style with staying power on leotards and fashionable stirrup pants as well as warm-ups.

The Alpha Factor catalog is available free to coaches and schools by writing to: Alpha Factor, Box 6246, Valley View Road, York, PA 17404. Orders

please include \$2.00 for shipping and handling.



A New Novel For/About Young Gymnasts

Meet Mercy, Jules, Van, and Dina in Spring Hermann's *FLIP CITY*, an engaging novel published by Orchard Books for readers ages 10 and up.

Mercy the multi-talented is a weight problem and has a feeling that she doesn't count in a family with two athletic older brothers.

Jules floor exercises is growing too fast,



and her parents' marital difficulties have her emotional life in turmoil. Van (the beam queen) struggles to balance her need for a college scholarship and her growing attraction to a Portuguese boy. Dina (the star on the bars) would be a candidate for national competition except for the private demons that turn the balance beam into her personal nightmare.

Four girls from different backgrounds with one goal in common: to win the state trophy in Class III gymnastics for their gym, Flip City, the place where they feel at home.

For further information, contact your local bookstore or call: 1-800-843-3749. In Connecticut, call collect (203) 797-3506.

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by SPRING HERMANN



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#9971...Large Flip.....\$ 29.95

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Order form on page 46

GYMNASTICS UPDATE

Consistency Key to Success

By Peggy Liddick

The 1988 Kraft International Tournament was held in London, England at Alexandra Palace. The U.S. delegation consisted of gymnasts Mark Warburton and Robin Richter, and coaches Mike McCarthy and Peggy Liddick.



Robin Richter

Robin Richter won the women's all-around competition with a score of 34.25. Richter defeated both Gueorgina Pavea from Bulgaria (33.20), and Oksana Omelanchuk from the Soviet Union (33.15).

Richter qualified for finals in all four events with scores of 9.55 vault, 9.50 bars, 9.75 beam and 9.65 floor. During the finals competition, Richter took the silver on bars with 19.10. In addition, Richter was awarded the gold on balance beam with a score of 19.45. After sticking her final element in the routine, a double back somersault, her domination of the event was evident.

Richter, 14, of Lincoln, NE, is coached by Peggy Liddick and attends the Nebraska School of Gymnastics.

The men's competition was dominated by Soviet gymnast Gennady Zadachny, who took the all-around gold and qualified for six event finals. The silver went to China's Fang Min and the bronze went to James May of Great Britain.

Mark Warburton, representing the U.S. in his first international competition, finished in sixth place with a 36.40. He qualified in the finals competition for parallel bars with a 9.40 and horizontal bar with an 8.70. Warburton finished the finals competition in sixth place on parallel bars with an 18.80, and sixth place on horizontal bar, scoring an 18.25.

Warburton, 20, is from Durberton, NH, but is currently attending the University of Nebraska and coached by Francis Allen.

She has also had elbow surgery twice on one arm and once on the other arm.

Despite her disabilities, she was a former National Gymnastics Team Member, a member of the 1984 U.S. Olympic Team, an NCAA All-American (1987), a two-time Big Ten Gymnast of The

Year, and an Academic All-American.

Marc is a junior at the University of Minnesota studying to be an engineer.

She will receive her award on January 10 during the NCAA national convention.

Technical Art Expertise



Jim Stephenson creates art for most of the USGF's technical projects. A few of his major illustrations appear in the following: USGF Gymnastics Safety Manual, 1985; Women's Junior Olympic Age Group Compulsories, from 1972 to present; Men's Compulsories, from 1976 to present; Presentations at FIG, 1980 to present; USGF official logo, 1983; Skill Analysis for Elite Coaches, 1988; and Supplement for Women's Code of Points, 1986. He also did illustrations, with Jerry George, for a book entitled, "Biomechanics of Women's Gymnastics". Now Stephenson is working on projects with Bill Sands, Assistant Women's Program Administrator.

Stephenson graduated from Iowa State University, where he was a gymnast for four years. In addition to being a technical sports artist, he is the assistant coach at the University of Utah in Salt Lake City.

"It is a pleasure to work with the finest sports artist in the country," said Mike Jocko, executive director of the USGF.

Inspiration Award



Marie Roethlisberger

Marie Roethlisberger, has been named the first recipient of the Honda-Broderick Inspiration Award. This national award recognizes an individual who has overcome personal adversity or disability.

Marie has been hearing impaired since age 2 and

GYMNASTICS UPDATE

First Jr.Olympic Training Camp



By John Wojcik

The first Jr Olympic National Team Training Camp was held at the U.S. Olympic Training Center in Colorado Springs, CO.

The purpose of the camp was to recognize and reward those gymnasts that had achieved a high level of excellence at the Class I level. In addition, the camp provided training gymnasts for progress into the Elite (international) program.

The USGF Women's Program and Junior Olympic Committee felt that by recognizing these gymnasts and their coaches for their hard work and dedication to the sport, it would encourage them to continue their involvement and to enhance their opportunities to reach their potentials.

The emphasis of the camp was primarily on elements of the new Elite and Level 10 Compulsions, as well as optional skills.

Internationally, two different vault families are required for finals, therefore, the vaulting session included discussions on Yurchenko, Handspring front, and Tsukahara-type vaults.

hara-type vaults.

The training camp was an excellent first step in the development of the Junior Olympic National Program, and its goal of helping our upcoming Class I gymnasts and coaches continue their excellent work.

These in attendance were as follows:

Juniors

Wynn, Lisa (Ill.)	Clark, Cathy (Illinois), 1984
Unger, Lynn, 1984	2nd year Academy, CA
Emily, Lyndee, 1984	Toronto, CA
Ellie, Vicki, 1984	198 Comp. Reg., 1984
Kim, Maria, 1984	1984, 1985, 1986, 1987
Ellen, Gurnea, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987

Seniors

Ang, Dawn, 1984	1984, 1985, 1986, 1987
Wendy, Jennifer, 1984	1984, 1985, 1986, 1987
Marilyn, Pugh, 1984	1984, 1985, 1986, 1987
Kim, Jennifer, 1984	1984, 1985, 1986, 1987
Angie, Cheryl, 1984	1984, 1985, 1986, 1987
Angie, Cheryl, 1984	1984, 1985, 1986, 1987

Clark, Cathy (Illinois), 1984	2nd year Academy, CA
Emily, Lyndee, 1984	Toronto, CA
Ellie, Vicki, 1984	1984, 1985, 1986, 1987
Kim, Maria, 1984	1984, 1985, 1986, 1987
Ellen, Gurnea, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987

Alternates attending

Jack, Martin, 1984	1984, 1985, 1986, 1987
Kim, Jennifer, 1984	1984, 1985, 1986, 1987
Angie, Cheryl, 1984	1984, 1985, 1986, 1987
Angie, Cheryl, 1984	1984, 1985, 1986, 1987

Clark, Cathy (Illinois), 1984	2nd year Academy, CA
Emily, Lyndee, 1984	Toronto, CA
Ellie, Vicki, 1984	1984, 1985, 1986, 1987
Kim, Maria, 1984	1984, 1985, 1986, 1987
Ellen, Gurnea, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987
Handspring, 1984	1984, 1985, 1986, 1987

The USGF extends its gratitude to all of our dedicated athletes and coaches striving at the Junior Olympic level. Deepest appreciation to the Training Camp Director, John Wojcik and his staff including: Kevin Brown, Mark Cook, Frank DeFrancesco, Roe Kretzner, Peggy Ladick, and D.J. Miles.

Barcelona, Spain

By Maria DeCristoforo

Two competitions, Memorial Joseph Blume for men and Trakeu International Catalunya for women were held in Barcelona, Spain. There were 13 female gymnasts representing 13 countries — Spain, USSR, U.S., Romania, China, Bulgaria, Greece, German Democratic Republic, Belgium, Switzerland, Czechoslovakia, France and Hungary. Lisa Paredorn and Dan Bachman represented the U.S. in this international competition.

In the women's competition, Eva Ruess from Spain took the all-around title with a score of 39.05. Following Ruess, was Romania's Gabriela Potomac with 38.65. The

18.75 and third on floor with a score of 18.275.

In the men's competition, Alister Hristosov from Bulgaria was awarded first place in the all-around competition with a score of 57.65. Following close behind, was Mario Reuchert from East Germany with 57.40. Third went to Gyorgy Gucsay from Hungary with a score of 57.30.

Bachman placed sixth all-around in the men's competition with a score of 56.00. In the event finals, he placed fourth on floor with an 18.85, sixth on vault with an 18.50, sixth on parallel bars with an 18.40, and fourth on high bar with an 18.60.

Also included in the U.S. delegation were coaches John Holman and Tom Dunn as well as judge and delegation leader Maria DeCristoforo.

Elite Compulsory Premier

Indianapolis, Indiana - Dec. 9-11, 1988

The USGF Department of Education hosted over 150 coaches and judges for the Elite Compulsory Premier and Technical Symposium. The event was held in Indianapolis on January 4-11, 1988.

The primary purpose of the symposium was to introduce the 1989-92 Women's Olympic Compulsory routines. The routines were presented by members of the United States delegation of the FIG International Presentation that was conducted in Frankfurt, Germany November 21-22, 1988.

The major presenters included, Dr. Gerald George,

third place all-around went to the People Republic of China's Fang Fang with a score of 38.15.

U.S.'s Paredorn placed fourth in the all-around with a score of 37.80, and made three out of four events in the final competition. She placed fifth in event finals on balance beam with a score of

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85	100%	98	100%
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 Chapter 10-1: Marriage, the state, and the state

In addition to the emphasis on the Olympic compulsory routines, sessions were conducted on biomechanics, strength development, judging, dance technique, USA dance warm-up routine and ballet barre. Social highlights of the "Premier" included a unique banquet featuring foods from "Across America" served in four different normal and a pre-holiday LSG "Shopping Spree" of discontinued LSG merchandise - burrito salad!



of Eugene

National Academy Summer Camp

June 19 - August 11

Discipline (consist of 15 classes) and Linda Muehl (2) in the USA (Camp) are among the various activities to be held at the Academy. They consist of 15 general classes and 15 "summer only" classes. The summer only classes will be held at the Academy. The summer only classes will be held at the Academy. The summer only classes will be held at the Academy.

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Established Gymnastics School, fastest growing area in Florida, Great Potential Men's and Women's programs. Martial Arts, etc. Great price for ongoing business. Proceed right for quick sale, asking career. For information - write GYM Owner - 3 Avonlea Lane - Sea Colony - Palm Coast, FL 32107

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Program with 380 students near Sacramento, California. Close to skiing and surfing needs individual or husband-wife team with leadership, communication, and organizational skills. Knowledge of all team levels, equipment, routines, and strong experience instructing required. Position your old program new, fully equipped 8,000 square foot facility. Medical benefits available. Salary commensurate with experience. Submit resumes with references to Jack Hudson, c/o Woodland Gymnastics, 40 N. East St. Suite J, Woodland, CA 95695 (916) 666-5414.

MEN'S & WOMEN'S COACHES

Now hiring Men's & Women's Gymnastics coaches for all levels including competitive teams. Looking for professional and energetic individuals. B.A. preferred. Send resume and call for an interview! **Mary or Mike Calks, BROADWAY GYMNASTICS SCHOOL**, 1657 17th Street, Santa Monica, CA 90404 (310) 450-0012

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Full or part time girls coach. Dance & Choreography background and compulsory knowledge required. 12 year old district very nice area that is 1 hour from SF. Send resume and references to AGC, P.O. Box 3233, Fairfield, CA 94503

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Program Director/Head Coach of Boys Program. Enthusiastic individual with the ability to organize, direct and coach recreation classes and competitive team for growing boys program. Good communication, professional and motivational skills a plus. 12,500 sq. foot facility houses a full Boys and Girls program. Full-time or part-time is available. Send resume and/or contact: Margaret Morrison San Mateo Gymnastics Club for 1386 Elmer Street Belmont, CA 94002 (415) 591-8794. POSITION AVAILABLE IMMEDIATELY

POSITION AVAILABLE

Head Coach of Girls Program. Enthusiastic individual with the ability to organize, direct and coach recreation classes and competitive team for growing Girls Program (Class IV thru VI). Good communication, professional and motivational skills a plus. 12,500 sq. foot facility houses a full Boys and Girls program. Full-time available. Salary position includes medical and dental benefits after 3 months, paid vacation after 1 year. Salary contributions a plus. Send resume and/or contact: Margaret Morrison San Mateo Gymnastics Club for 1386 Elmer Street Belmont, CA 94002 (415) 591-8794. POSITION AVAILABLE IMMEDIATELY

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CAMP WIKKELA FOR BOYS & GIRLS, Canton, Maine. One of America's top general camps seeks enthusiastic gymnastic counselors, ages 20+. Sporting/teaching beginner and intermediate classes, as well as general camp duties. Located on pristine lakeshore setting in central Maine. Must be available June 18-August 20. Contact Ray/Lauren Scott-Lambie 130 S. Main St. Columbia, Ohio 43029 (614) 625-3177

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